

## Road Safety Unit resources / sessions: Key Stages 3, 4 and 5

### Facts

- **The biggest cause of accidental deaths and serious injury to young people is road traffic collisions.**
- **The peak age for a pedestrian death or injury to occur is age 12 years old.**
- **A major reason why teenage girls are being killed as passengers in cars, is their boyfriends' bad driving.**

### Years 7 and 8

A Road Safety Officer can give a presentation using statistics, film clips and group discussion to address the following problems:

- risk taking
- distractions and dangers
- seat-belts
- safe behaviour on the school bus.

### Year 11

The issues addressed in the presentation are:

- Avoiding risky situations as a passenger, especially when travelling in a young person's car.
- The reasons why young people are involved in crashes. Group work, using the Highway Code, increases the knowledge of any soon-to-be drivers.

### Borrowing resources

If it isn't possible for the Road Safety Officer to visit, some of the topics can be studied using resource packs.

### Stay Safe

The worksheets, DVD and self-analysis activities address the problems of unsafe pedestrian behaviour and encourage more responsible conduct. These activities are also useful for before or after a visit from the Road Safety Officer.

## **It won't happen to me . . . . will it?**

The dangers of misbehaving on the school bus are considered in this DVD discussion pack. The pupils are asked to consider their perception of school bus safety before and after watching a short film (18 minutes).

### **What's the Story?**

The pupils examine photographs to try and guess what is happening scene by scene before viewing the actual film clip.

There are four packs:

- **Julie** and **A Scary Ride** focus on seat-belt safety.
- **My House** and **Texting** are about pedestrian safety.

## **Year 12**

### **Driving the Beginning**

This 1 hour interactive presentation looks at what to expect during the learning to drive process eg:

- How do I apply for a provisional licence?
- Who can help me start learning to drive?
- How much does it cost?

## **Year 13**

### **Hazard Perception workshop**

A 1 hour workshop examining the meaning of Hazard Perception i.e. being able to "read" the road and making the right decisions based on what you see. Includes:

- observation skills
- road safety knowledge
- actions and consequences.

## **Years 12 and 13**

### **Driving the Buzz to Death**

This resource can be borrowed by schools or can form an integral part of a session led by a Road Safety Officer. Provides up to date information regarding:

- the dangers of driving under the influence of alcohol or drugs
- physical and psychological effects on the body
- impairment of driving ability
- the legal consequences of drink/drug driving.

## **Colleges and Sixth form centres**

Driving the Beginning, Hazard Perception and Driving the Buzz to Death can be adapted for college groups. A Road Safety Officer can deliver a 1 hour session for a classroom sized group.

Larger groups (over 30 students) can watch a bespoke presentation on:

- speed
- drink/drug driving
- texting
- inexperience versus over confidence
- non wearing of seatbelts.
- consequences of road traffic collisions to families and the community.

## **Pass Plus Extra**

An interactive 1 hour workshop for newly qualified drivers. It provides information on how to cope in all types of road conditions and situations.

## **Moped and motorbikes – sessions and resources for Years 11 to 13**

**A Day in the Life of...** highlights the issues pertinent to young riders and provides an insight into the Compulsory Basic Training (CBT) for potential moped riders. The DVD has been produced to allow flexibility of presentation; any number of the 9 clips can be shown within the time available. The workbook has suggestions for further activities.

There are two ways to access this resource:

- can be borrowed from the Road Safety Officer
- a Road Safety Officer can use it to lead a session.

**CBT Extra** is a 2-hour interactive workshop delivered by a Road Safety Officer who specialises in motorcycle safety. It is suitable for Year 11 to 13 students who already ride a moped or are interested in becoming a rider. The vulnerability of motorcyclists is highlighted along with essential information necessary for a safe ride.

A shorter length session is also available. Both sessions include a Highway Code quiz and collision scenario re-enactments using model vehicles.

## **Introduction to Motorcycling**

Pupils aged over 15 can sample the motorcycling experience off-road with a highly qualified motorcycle trainer.